

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Aug 11, 2025 thru Aug 15, 2025

MS BIC Breakfast

Generated on: 8/12/2025 10:45:34 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/11/2025																
MS BIC Breakfast	Total	5750														
POP TARTS,Wh.Gr Strawberry-'24	PKG. of (2 ea)	5750	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	75.0	4.5	2.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	5750	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	2875	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	750	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			554	6	576	6.96	3.60	429.6	2052	30.00	66	13.13	113.04	4.83	2.20	0.00
% of Calories											47.4%	9.5%	81.6%	7.8%	3.6%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Tue - 08/12/2025																
MS BIC Breakfast	Total	5750														
Muffin,Choc Chip-BuenaVista'25	1 ea	5750	250	20	240	2.04	1.80	20.4	*N/A*	*N/A*	19	4.0	40.97	8.0	2.00	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	5750	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	2875	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	750	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			447	27	457	3.04	1.89	445.0	*2960	*91.80	55	12.13	79.19	8.32	2.19	0.00
% of Calories											49.6%	10.9%	70.9%	16.8%	4.4%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Aug 11, 2025 thru Aug 15, 2025

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcsm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 08/13/2025																
MS BIC Breakfast	Total	5825														
Uncrustable, Grape Wh,Che-2016	1 each	5825	300	0	280	4.00	0.18	260.0	0	0.0	14	9.0	32.0	17.0	3.00	0.00
Juice, apple 4oz. DW-2024	1 EACH	5825	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	722	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	675	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5150	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			479	6	498	4.05	0.20	478.2	948	30.23	48	17.15	67.28	17.31	3.18	0.00
% of Calories											40.4%	14.3%	56.2%	32.5%	6.0%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Thu - 08/14/2025																
MS BIC Breakfast	Total	4155														
Donuts, Choc Super Bakery '24	1 EACH	4155	320	0	310	3.00	2.00	31.0	0	0.0	19	5.0	42.0	16.0	9.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	4155	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Craisins	1/4 Cup	2077	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	412	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3743	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			542	6	529	3.80	2.06	257.2	1057	30.03	62	14.12	87.95	16.41	9.16	0.00
% of Calories											46.2%	10.4%	64.9%	27.3%	15.2%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Fri - 08/15/2025																
MS BIC Breakfast	Total	5788														
BREAD,BANANA 6-12	1 Slice	5788	404	40	216	4.46	1.33	34.0	91	3.82	*36	5.15	59.49	18.47	1.69	*0.01
Juice, Wildberry, 4oz, 2024	1 EACH	5788	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
TANGERINES,FRESH	Serving	1625	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
MILK,1% DW 2024	EACH(1/2 pint)	622	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5163	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Aug 11, 2025 thru Aug 15, 2025

MS BIC Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			609	46	435	5.31	1.40	467.5	3358	46.41	*74	13.63	100.13	18.89	1.87	*0.01
% of Calories											*48.6%	8.9%	65.7%	27.9%	2.8%	*0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Weighted Average			526	18	499	4.63	1.83	415.5	*2075	*45.69	*61 *104.7	14.03 10.7%	89.52 68.0%	13.15 22.5%	3.72 6.4%	*0.00 *0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	526		400 - 550	100%				
Cholesterol (mg)	18							
Sodium 1 (mg)	499		600	83%				
Fiber (g)	4.63							
Iron (mg)	1.83							
Calcium (mg)	415.5							
Vitamin A (IU)	2075							
Sugars (g)	61	46.53%			Missing			
Vitamin C (mg)	45.69				Missing			
Protein (g)	14.03	10.67%			Missing			
Carbohydrate (g)	89.52	68.04%						
Total Fat (g)	13.15	22.49%	<=30.00%					
Saturated Fat (g)	3.72	6.36%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Aug 18, 2025 thru Aug 22, 2025

MS BIC Breakfast

Generated on: 8/12/2025 10:46:44 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/18/2025																
MS BIC Breakfast	Total	5500														
Cinnamon Swirls, WG 2024	Serving	5500	300	10	125	3.00	0.36	499.7	0	0.0	22	6.0	47.97	8.99	2.50	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	5500	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	2000	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			489	16	343	3.70	0.36	723.4	1067	30.00	57 46.6%	15.09 12.3%	84.93 69.5%	9.22 17.0%	2.63 4.9%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Tue - 08/19/2025																
MS BIC Breakfast	Total	5750														
Concha, WG CHOCOLATE '24	1 each	1800	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Concha, WG PINK-'24	1 EACH	1800	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Concha, WG WHITE-'24	each(2G)	1800	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	2800	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	2750	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			348	10	287	2.83	1.78	344.1	1948	73.72	35 40.7%	12.43 14.3%	61.67 70.9%	5.85 15.1%	1.54 4.0%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Aug 18, 2025 thru Aug 22, 2025

MS BIC Breakfast

Generated on: 8/12/2025 10:46:44 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 08/20/2025																
MS BIC Breakfast	Total	5500														
CEREAL, LUCKY CHARMS '23	BOWL	5500	218	0	358	3.36	3.02	84.0	420	5.04	18	4.48	46.48	2.24	0.00	0.00
Juice, apple 4oz. DW-2024	1 EACH	2750	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
GRAPES, Fresh PKG '23	serv.(1/2 cup)	2750	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	5000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	500	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			381	14	522	3.57	3.09	423.6	988	20.96	44 46.3%	13.53 14.2%	72.47 76.0%	4.59 10.8%	1.39 3.3%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Thu - 08/21/2025																
MS BIC Breakfast	Total	5500														
Waffles, Mini Maple 2017	pkg	5500	210	0	170	3.00	0.72	20.0	65	0.0	13	4.0	38.0	6.0	1.00	0.00
Orange juice, DW, 4oz. 2024	1 EACH	5500	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Craisins	1/4 Cup	5500	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			478	6	390	4.61	0.84	246.4	1133	30.06	68 56.5%	13.14 11.0%	96.54 80.7%	6.56 12.3%	1.16 2.2%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Fri - 08/22/2025																
MS BIC Breakfast	Total	5500														
Cinnis, Mini	1 EACH	5500	240	0	270	2.00	1.44	40.0	75	0.0	15	5.0	39.0	7.0	1.50	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	2750	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
TANGERINES, FRESH	Serving	2750	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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MS BIC Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			435	6	484	3.51	1.57	384.7	2602	37.43	50	13.77	77.16	7.49	1.67	0.00
% of Calories											46.0%	12.7%	71.0%	15.5%	3.5%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Weighted Average			426	10	405	3.64	1.53	424.4	1548	38.43	51	13.59	78.55	6.74	1.68	0.00
											107.3%	12.8%	73.7%	14.2%	3.5%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	426		400 - 550	100%				
Cholesterol (mg)	10							
Sodium 1 (mg)	405		600	68%				
Fiber (g)	3.64							
Iron (mg)	1.53							
Calcium (mg)	424.4							
Vitamin A (IU)	1548							
Sugars (g)	51	47.69%						
Vitamin C (mg)	38.43							
Protein (g)	13.59	12.76%						
Carbohydrate (g)	78.55	73.72%						
Total Fat (g)	6.74	14.24%	<=30.00%					
Saturated Fat (g)	1.68	3.55%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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Aug 25, 2025 thru Aug 29, 2025

MS BIC Breakfast

Generated on: 8/12/2025 10:47:01 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcsm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/25/2025																
MS BIC Breakfast	Total	5500														
UBR - BRKFST CINN ROUND	1 EACH	5500	280	5	190	6.29	0.68	29.8	8	0.01	19	5.0	44.0	8.0	3.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	2750	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	2750	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			447	11	402	7.25	0.68	248.4	1029	15.01	48	13.59	75.27	8.23	3.14	0.00
% of Calories											42.9%	12.2%	67.4%	16.6%	6.3%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Tue - 08/26/2025																
MS BIC Breakfast	Total	5500														
Mini Brkfst Apple Bites '25	1 EACH	5500	260	0	140	2.96	1.50	39.8	*N/A*	*N/A*	14	6.0	37.99	9.98	4.50	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	2750	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	2750	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			427	6	352	3.96	1.59	358.4	*1980	*76.80	43	14.09	68.94	10.21	4.64	0.00
% of Calories											40.4%	13.2%	64.6%	21.5%	9.8%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Wed - 08/27/2025																
MS BIC Breakfast	Total	5825														
Uncrustable, Grape Wh,Che-2016	1 each	5825	300	0	280	4.00	0.18	260.0	0	0.0	14	9.0	32.0	17.0	3.00	0.00
Juice, apple 4oz. DW-2024	1 EACH	5825	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	722	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	675	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	5150	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Aug 25, 2025 thru Aug 29, 2025

MS BIC Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			479	6	498	4.05	0.20	478.2	948	30.23	48 40.4%	17.15 14.3%	67.28 56.2%	17.31 32.5%	3.18 6.0%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Thu - 08/28/2025																
MS BIC Breakfast	Total	4155														
Donuts, Choc Super Bakery '24	1 EACH	4155	320	0	310	3.00	2.00	31.0	0	0.0	19	5.0	42.0	16.0	9.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	4155	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Craisins	1/4 Cup	2077	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	412	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3743	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			542	6	529	3.80	2.06	257.2	1057	30.03	62 46.2%	14.12 10.4%	87.95 64.9%	16.41 27.3%	9.16 15.2%	0.00 0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Fri - 08/29/2025																
MS BIC Breakfast	Total	5788														
BREAD, STRAWBERRY,fzegg	Serv. (2 G)	5788	223	52	152	1.40	1.04	36.5	80	3.42	*20	3.93	33.82	8.19	0.96	*0.01
Juice, Wildberry, 4oz, 2024	1 EACH	5788	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
TANGERINES,FRESH	Serving	1625	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
MILK,1% DW 2024	EACH(1/2 pint)	622	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	5163	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			428	58	372	2.24	1.11	469.9	3347	46.02	*59 *55.1%	12.42 11.6%	74.45 69.7%	8.61 18.1%	1.14 2.4%	*0.01 *0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Weighted Average			464	17	430	4.26	1.13	362.4	*1672	*39.62	*52 *101.1	14.27 12.3%	74.78 64.4%	12.15 23.6%	4.25 8.2%	*0.00 *0.0%
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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Aug 25, 2025 thru Aug 29, 2025

MS BIC Breakfast

Generated on: 8/12/2025 10:47:01 AM

Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg) Miss Data	Sodm (mg) Shortfall	Fiber (g) Overage	Iron (mg)	Calcmm (mg)	Vit-A (IU) Error Messages (if any)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	464		400 - 550	100%													
Cholesterol (mg)	17																
Sodium 1 (mg)	430		600	72%													
Fiber (g)	4.26																
Iron (mg)	1.13																
Calcium (mg)	362.4																
Vitamin A (IU)	1672																
Sugars (g)	52	44.93%			Missing												
Vitamin C (mg)	39.62				Missing												
Protein (g)	14.27	12.30%			Missing												
Carbohydrate (g)	74.78	64.42%															
Total Fat (g)	12.15	23.56%	<=30.00%														
Saturated Fat (g)	4.25	8.24%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%			Missing												

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